

Regular Menu Cycle 3 Weeks 1 to 3 Allergen & Dietary Information

Main Meals			Jacket Potato & Fillings		
Menu Item	Allergens	Suitable for Diets	Jacket Potato	No Allergens	V, Ve, GF, DF, H, P
Pork Sausage	Gluten, Sulphites	DF,	Baked Beans	No Allergens	V, Ve, GF, DF, H, P
Vegetarian Sausage	Gluten, Soya	DF, V, Ve, H, P,	Salad	No Allergens	V, Ve, GF, DF, H, P
Beef Bolognese	No Allergens	GF, DF, H			
Vegan Mince Bolognese	No Allergens	GF, DF, V, Ve, H, P,			
Roast Chicken	No Allergens	GF, DF,			
Roast Quorn Fillet	Gluten	DF, V, Ve, H, P,			
Cheese & Onion Pasty	Gluten, Soya, Mustard, Milk	Ve, P			
Vegetable Chilli	No Allergens	GF, DF, V, Ve, H, P,			
Breaded Haddock	Gluten, Fish	DF, P			
Roasted Vegetable Pasta	Gluten, Mustard, Soya	DF, V, Ve, H, P			
GF Breaded Chicken Burger	No Allergens	GF, DF,			
No Chicken Burger	Gluten, Soya	DF, V, Ve, P,			
Macaroni Cheese	Gluten, Milk	V, H, P,			
Vegan Sausage Roll	Gluten	DF, V, Ve, H, P,	Accompaniments to Main Meals		
Pork Meatballs	Soya, Sulphites	GF, DF,	Potatoes	No Allergens	V, Ve, GF, DF, H, P
Quorn Meatballs	Gluten	DF, V, Ve, H, P,	Vegetables	No Allergens	V, Ve, GF, DF, H, P
Beef Lasagne	Gluten, Soya, Mustard	H	Gravy	No Allergens	V, Ve, GF, DF, H, P
Vegetable Lasagne	Gluten, Soya, Mustard	V, H, P,	Pasta	Gluten	V, Ve, DF, H, P
Fish Fillet Squares	Gluten, Fish, Mustard	DF, H, P,	Crusty Bread	Gluten, Sesame	V, Ve, DF, H, P
Quorn Southern Fried Nuggets	Gluten	V, Ve, DF, H, P	Garlic Bread	Gluten, Milk, Soya	V, H, P
Beef Burger	Sulphites	GF, DF, H,	Plain Rice	No Allergens	V, Ve, GF, DF, H, P
Vegan Vegetable Burger	Gluten, Soya	DF, V, Ve, H, P,	Tortilla Wrap	Gluten	V, Ve, DF, H, P
Chicken Tikka Masala	Milk, Mustard, Nuts, Peanuts, Almond, Cashew nuts	GF	Burger Bun	Gluten, Sesame	V, Ve, DF, H, P
			Jacket Potato	No Allergens	V, Ve, GF, DF, H, P
Sweet Potato & Chickpea Curry	Celery, Gluten, Egg, Milk, Mustard	V, H, P	Sage and Onion Staffing	Gluten	

V	Ve	DF	GF	H	P
Vegetarian	Vegan	Dairy Free	Gluten Free	Halal	Pescatarian

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Roast Pork	No Allergen	DF, GF			
Cheese & Tomato Pizza	Gluten, Milk	V, H, P,			
Pepperoni Pizza	Gluten, Milk, Celery, Egg, Soya, Mustard,				
Fish Finger	Gluten, Fish	DF, H, P			
Quorn Vegan Dippers	Gluten	Ve, V, H, DF			
Daily Dessert Selection					
Fresh Fruit	No Allergens	V, Ve, GF, DF, H, P			
Yoghurts	Milk	V, GF, H, P			
Dessert of the Day					
Marble Biscuit	Gluten, Soya	V, Ve, DF	Ice Cream	Milk	V, GF, H, P
Jam & Coconut Sponge	Celery, Gluten, Egg, Milk, Peanut, Soya, Sulphur Dioxide, Sulphites	V, H, P	Custard	Milk	V, GF, H, P
Ice Cream Tub	Milk	V, H, P,	Fruit Cookie	Gluten, Soya	V, Ve, DF, H, P
Chocolate Brownie	Gluten, Soya, Eggs	V, DF, H, P	Apple Cake	Gluten, Soya, Eggs	V, DF, H, P
Cherry Oat Cookies	Gluten , Soya, Egg, Milk	V, H, P	Fruit Muffin	Gluten , Soya, Egg	V, Ve,H,P
Chocolate Cornflake Cookie	Gluten, Soya	V, Ve, DF, H, P	Raspberry & Vanilla Sponge	Gluten, Egg, Soya	V, DF, H, P
Chocolate Ice Cream Roll	Gluten, Eggs, Milk	V, H, P,	Cream	Milk	V, H, P
Fruit Jelly with Mandarins	No Allergens	V, Ve, DF, GF, H, P	Syrup Sponge	Gluten, Egg, Soya	V, H, P
Apple Crumble	Gluten, Soya	V, Ve, DF, H			

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